ArcheryGB Training Centre (ATC) On Target Coaching programme 2018/19



Contact A4S to book 01767 699 991



Quote: ATC - Coaching



Sundays 9.30am to 12.30pm Session A and

Sundays 1.30pm to 4.30pm Session B

Dates

Sun 9th Sept, 21st October, 25th Nov 2018

Sun 20th Jan, 17th Feb, 17th March 2019

Sun 28th April and 19th May 2019

Cost: £15 a session. Recommended to book a block of three dates

You can book session A and Session B

Cost £30.00

Coaching will cover technical, equipment, mental training, tournament planning & an archery physical training program. Following the AGB National Talent Development Project – NTDP

Qualified coaches in attendance

Spaces are available to book now

I look forward to hearing from you soon. **Gaynor Hutchison - Senior Coach**Tel 01767 699 991 www.aim4sport.com.

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